



island health

# Cowichan Valley Wellness and Recovery Centre

City of Duncan

May 17, 2021

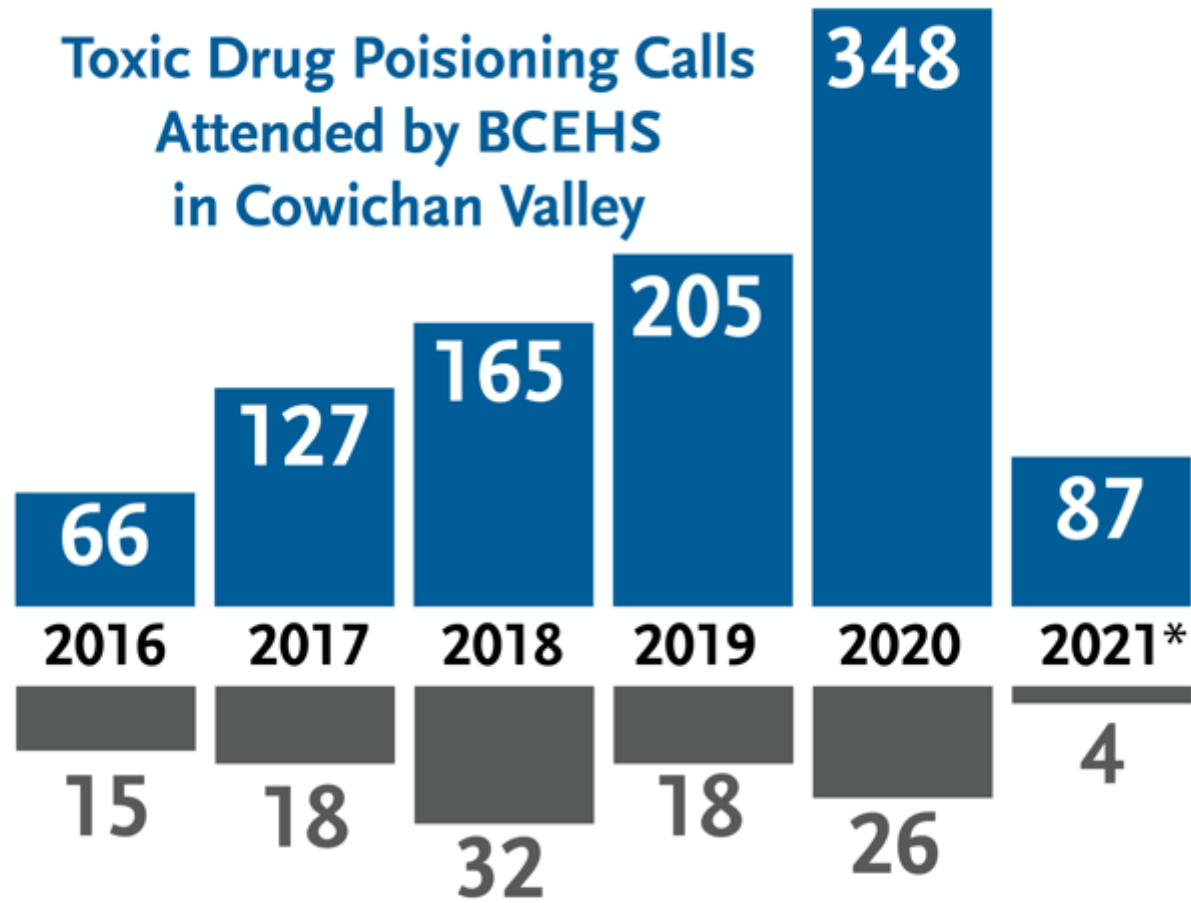
# A public health emergency

There is an ongoing toxic drug poisoning crisis and this is causing hundreds of people in the Cowichan Valley to suffer overdoses each year.

Sadly, dozens of people do not survive.



### Toxic Drug Poisoning Calls Attended by BCEHS in Cowichan Valley



### Toxic Drug Poisoning Deaths in Cowichan Valley

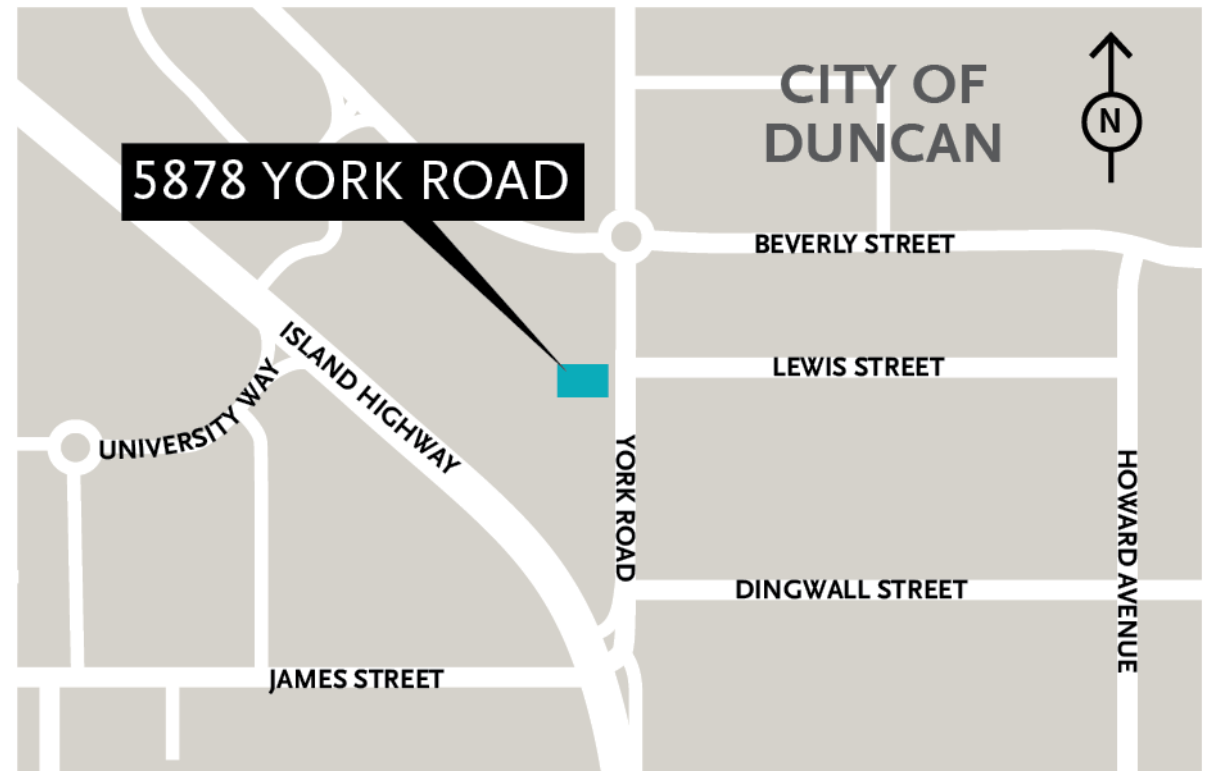
\* to April 29, 2021

The Cowichan Valley Wellness and Recovery Centre is needed to save lives and support people's health and well-being.



**Lookout**  
Housing + Health Society

The Cowichan Valley Wellness and Recovery Centre will offer a holistic approach to mental health and substance use through **prevention, treatment and recovery** services



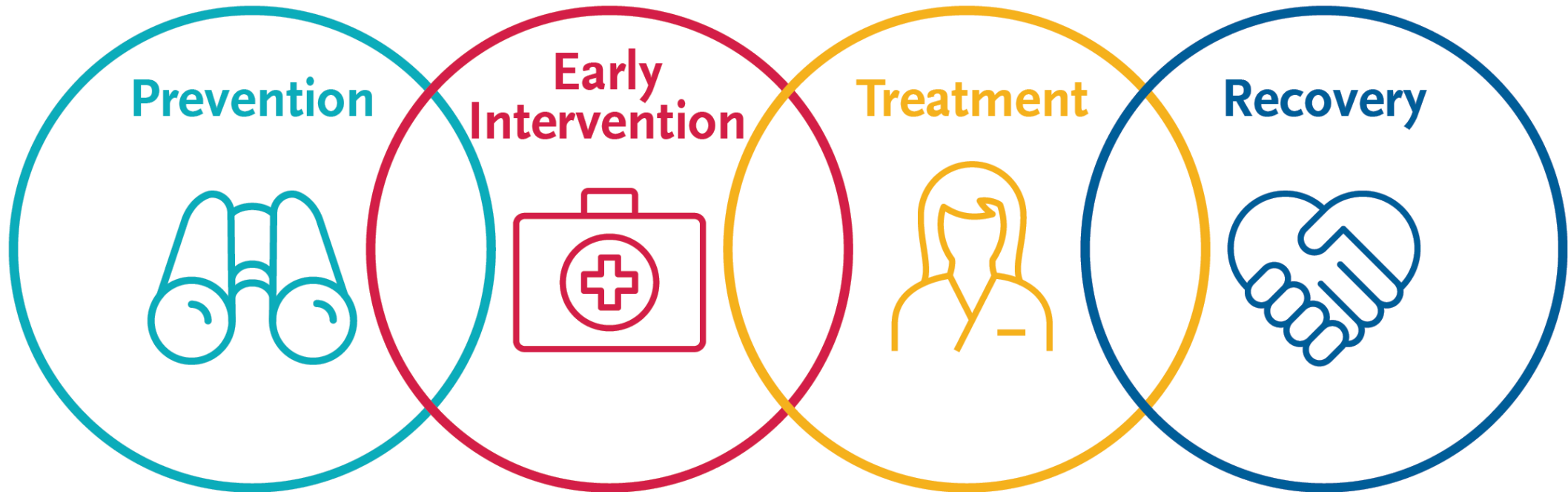
# Addiction and Substance Use Disorder

- Addiction can affect anyone.
- It cannot be cured by willpower, just as cancer or diabetes cannot be cured by willpower.
- Substance use disorder is a chronic disease that requires specialized treatment.
- With proper treatment and support, recovery from substance use disorder is possible.

# A team of support



# Service Model



- Primary Care
- Harm Reduction
- Overdose Prevention
- Encampment Outreach & COVID Response
- Peer Supports

- Primary Care
- Opioid Agonist Therapy
- Pharmaceutical Alternatives
- Managed Alcohol
- Addictions Medicine

- Primary Care
- Stabilization Medicine
- Behavioural Care Planning
- Concurrent Mental Health and Substance Use Services

- Primary Care
- Relapse Prevention
- Substance Use Treatment and Recovery
- Peer Supports



# Being a good neighbour

Island Health and Lookout Housing and Health Society are taking measures to ensure:

- the area around the Centre is clean and tidy
- the Centre is included in the Security Corridor
- the community can reach Centre staff with any concerns and feedback

# Community Conversations

| Session 2                                 | Session 3                              | Session 3                             |
|---|--|---------------------------------------|
| Wednesday, May 19,<br>11:30 am – 12:30 pm | Wednesday, May 19<br>5:30 pm – 6:30 pm | Thursday, May 20<br>5:30 pm – 6:30 pm |

# Community Advisory Committee

- build and maintain positive relationships amongst the community, the Centre operators and program partners
- facilitate information sharing and dialogue
- identify and resolve any issues, opportunities and concerns related to the Centre.

# Timeline

MARCH 2021

Building renovations at 5878 York Road begin

MAY–JUNE 2021

Island Health and Lookout Housing and Health Society host community conversations

SEPTEMBER 2021

Island Health establishes the Community Advisory Committee

MID-FALL 2021

The Cowichan Wellness and Recovery Centre opens at 5878 York Road

ONGOING

The Community Advisory Committee meets on a regular basis

# Overdose Prevention Service on Trunk Road

- This site will close when the new Wellness and Recovery Centre opens

# Contact

## Email

[CVWRC@viha.ca](mailto:CVWRC@viha.ca)

## Website

[www.islandhealth.ca/cowichan-wellness-recovery-centre](http://www.islandhealth.ca/cowichan-wellness-recovery-centre)